

Opening protocol -1

In order to provide a safe and healthy experience for our members, Di's Personal Fitness studio (DPFS's) has adopted a protocol of attendance. The protocol of attendance is intended to provide safety standards that are required by all members when using DPFS's facility, programs, or any services, to ensure the welfare and protection of all parties.

Prior to any trainings, classes or new appointments:

- A mask must be worn upon entry of the building and to your X spot
- Temperature will be taken and recorded on the days a person attends classes
- Enter the building wearing your workout attire
- Outside shoes off before you enter the building, put inside sneakers on at your x spot
- Clients will receive a microfiber towel, sanitize their hands, get their equipment and stand on the x spot where there is 6ft between each person to follow the social distance protocol.
- Clients will wipe down their equipment after each use.
- Clients will leave one by one, exiting the back door, putting your shoes on at the back door after their class or training.
- If your are sick or do not feel well, PLEASE stay home.

By signing this form, you are acknowledging that you

- 1- Fully read and understand DPFS's code of conduct
- 2- Will abide by these rules described below at all times when coming to the facility for any service including membership, any specialty, group classes, personal training, and any nutrition programs or any service that DPFS may provide.

As a client of DPFS, I agree and I will:

- 1- Follow all DPFS's facility's rules and regulation during visiting the studio for any reasons.
- 2- Not visit the facility if I am aware of or displaying any symptoms that are potential flu-like indications such as fever, cough, or any difficulty with breathing.
- 3- Assume all liability for my health and well being by physically attending the facility despite the recent Covid-19 pandemic.
- 4- Apply the physical distancing rules by keeping a 6-foot distance between anyone in the facility.
- 5- Minimize and avoid unnecessary physical contact with others in the facility
- 6- Not attempt to use equipment or props that is not included in the training program and assigned by the instructor.
- 7- Thoroughly wipe down equipment or props after every use with sanitation supplies provided by the facility and to ensure all trash is discarded in the designated waste baskets only
- 8- Return all equipment or props to the original place for proper storage after every use
- 9- Understand that the time of each class may include time for sanitation and cleaning purposes

Thank you for doing your part as we work together to keep our community safe for all